

RECTIFIABILITY OF HARMONIC MEASURE

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ABSTRACT. In the present paper we prove that for any open connected set $\Omega \subset \mathbb{R}^{n+1}$, $n \geq 1$, and any $E \subset \partial\Omega$ with $\mathcal{H}^n(E) < \infty$, absolute continuity of the harmonic measure ω with respect to the Hausdorff measure on E implies that $\omega|_E$ is rectifiable. This solves an open problem on harmonic measure which turns out to be an old conjecture even in the planar case $n = 1$.

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1. INTRODUCTION

Our main result is the following.

Theorem 1.1. *Let $n \geq 1$ and $\Omega \subsetneq \mathbb{R}^{n+1}$ be an open connected set and let $\omega := \omega^p$ be the harmonic measure in Ω where p is a fixed point in Ω . Let $E \subset \partial\Omega$ be a subset with Hausdorff measure $\mathcal{H}^n(E) < \infty$. Then:*

- (a) *If ω is absolutely continuous with respect to \mathcal{H}^n on E , then $\omega|_E$ is n -rectifiable, in the sense that ω -almost all of E can be covered by a countable union of n -dimensional (possibly rotated) Lipschitz graphs.*

- (b) *If \mathcal{H}^n is absolutely continuous with respect to ω on E , then E is an n -rectifiable set, in the sense that \mathcal{H}^n -almost all of E can be covered by a countable union of n -dimensional (possibly rotated) Lipschitz graphs.*

Notice that, in particular, the statement (a) ensures that any set $E \subset \partial\Omega$ with $\mathcal{H}^n(E) < \infty$ and $\omega(E) > 0$ where ω is absolutely continuous with respect to \mathcal{H}^n contains an n -rectifiable subset F with $\mathcal{H}^n(F) > 0$.

We remark that the preceding theorem solves an open problem on harmonic measure which turns out to be an old conjecture even in the planar case $n = 1$. See for example Conjecture 10 in Bishop's paper [Bi].

The metric properties of harmonic measure have attracted the attention of many mathematicians. Fundamental results of Makarov [Mak1], [Mak2] establish that if $n + 1 = 2$ then the Hausdorff dimension $\dim_{\mathcal{H}} \omega = 1$ if the set $\partial\Omega$ is connected (and $\partial\Omega$ is not a point of course). The topology is somehow felt by harmonic measure, and for a general domain Ω on the Riemann sphere whose complement has positive logarithmic capacity there exists a subset of $E \subset \partial\Omega$ which supports harmonic measure in Ω and has Hausdorff dimension at most 1, by a very subtle result of Jones and Wolff [JW]. In particular, the supercritical regime becomes clear on the plane: if $s \in (1, 2)$, $0 < \mathcal{H}^s(E) < \infty$, then ω is always singular with respect to $\mathcal{H}^s|_E$. However, in the space ($n + 1 > 2$) the picture is murkier: on the one hand, Bourgain [Bo] proved that the dimension of harmonic measure always drops: $\dim_{\mathcal{H}} \omega < n + 1$. On the other hand, even for connected $E = \partial\Omega$, it turns out that $\dim_{\mathcal{H}} \omega$ can be strictly bigger than n , by a celebrated result of Wolff [W].

Despite the wide variance in dimension, there are still unique phenomena that link harmonic measure and the geometry of the boundary which only occur in codimension one. In particular, there are deep connections between the absolute continuity of harmonic measure in \mathbb{R}^{n+1} with respect to n -dimensional Hausdorff measure and the rectifiability of the underlying set, which has been a subject of thorough investigation for even longer than the aforementioned results: In 1916 F. and M. Riesz proved that for a simply connected domain in the complex plane, with a rectifiable boundary, harmonic measure is absolutely continuous with respect to arclength measure on the boundary [RR]. More generally, if only a portion of the boundary is rectifiable, Bishop and Jones [BJ] have shown that harmonic measure is absolutely continuous with respect to arclength on that portion. They have also proved that the result of [RR] may fail in the absence of some topological hypothesis (e.g., simple connectedness).

The higher dimensional analogues of [BJ] include absolute continuity of harmonic measure with respect to the Hausdorff measure for Lipschitz graph domains [Da] and nontangentially accessible (NTA) domains [DJ], [Se]. To be precise, [Da], [DJ], [Se] establish a quantitative scale-invariant result, the A_∞ property of harmonic measure, which in the planar case was proved by Lavrent'ev [Lv]. See also [HM1], [BL], [Ba], [Az], [AMT1], [Mo], [ABHM] along with [AHMNT] in this context. We shall not give a precise definition of NTA domains here (see [JK]), but let us mention that they necessarily satisfy interior and exterior cork-screw conditions as well as a Harnack chain condition, that is, certain quantitative analogues of connectivity and openness, respectively. On the other hand, some counterexamples show that some topological restrictions, even stronger than in the planar case, are needed for the absolute continuity of ω with respect to \mathcal{H}^n [Wu], [Z].

In the present paper we attack the converse direction. We establish that rectifiability is *necessary* for absolute continuity of the harmonic measure. This is a free boundary problem. However, the departing assumption, absolute continuity of the harmonic measure with respect to the Hausdorff measure of the set, is essentially the weakest meaningfully possible from a PDE point of view, putting it completely out of the realm of more traditional work, e.g., that related to minimization of functionals. At the same time, absence of any a priori topological restrictions on the domain (porosity, flatness, suitable forms of connectivity) notoriously prevents from using the conventional PDE toolbox.

To this end, recall that the series of paper by Kenig and Toro [KT1, KT2, KT3] established that in the presence of a Reifenberg flatness condition and Ahlfors-David regularity, $\log k \in VMO$ if and only if $\nu \in VMO$, where k is the Poisson kernel with pole at some fixed point, and ν is the unit normal to the boundary. Moreover, given the same background hypotheses, the condition that $\nu \in VMO$ is equivalent to a uniform rectifiability condition with vanishing trace. Going further, in [HMU] the authors proved that, in a uniform domain Ω having an Ahlfors-David regular boundary, scale-invariant bounds on k in L^p (or the weak- A_∞ condition for harmonic measure) imply uniform rectifiability of $\partial\Omega$. Moreover, the same result was recently established, more generally, for an open set Ω (not necessarily connected), satisfying an interior cork-screw (i.e., interior porosity) condition and having an Ahlfors-David regular boundary, see [HM2]. An important underlying thread of all these results is a priori topological restrictions on the domain, for instance, Ahlfors-David regularity immediately implies porosity: there is $r_0 > 0$ so that every ball B centered at $\partial\Omega$ of radius at most r_0 contains another ball $B' \subset \mathbb{R}^{n+1} \setminus \partial\Omega$ with $r(B) \approx r(B')$, with the implicit constant depending only on the Ahlfors-David regularity condition.

The present work develops some intricate estimates on the harmonic measure and the Green function which take advantage of the absolute continuity of harmonic measure in a hostile geometrical environment at hand and ultimately yield bounds on the (suitably interpreted) Riesz transform

$$\mathcal{R}\mu(x) = \int \frac{x - y}{|x - y|^{n+1}} d\mu(y),$$

applied to the harmonic measure $\mu = \omega^p$. The latter allows us to invoke the recent resolution of the David-Semmes conjecture in co-dimension 1 ([NToV1], [NToV2], see also [HMM] in the context of uniform domains), establishing that boundedness of the Riesz transforms implies rectifiability. We note that in Theorem 1.1 connectivity is just a cosmetic assumption needed to make sense of harmonic measure at a given pole. In the presence of multiple components, one can work with one component at a time.

An interesting point is that the original problem on geometry of harmonic measure never mentions any singular integrals whatsoever, let alone non-homogeneous ones. However, it turns out that non-homogeneous harmonic analysis point of view again proved itself very useful, exactly as it happened in solving David-Semmes conjecture in co-dimension 1.

Our paper arises from the union of two separate works, [AMT2] and [HMMTV], which will not be published. In [AMT2], a version of Theorem 1.1 was proved under the additional assumption that the boundary of Ω is *porous* in E (in the sense described above). In [HMMTV] the porosity assumption was removed. Both works, [AMT2] and [HMMTV] are available only as preprints on ArXiv. For the purposes of publication we combined them into the present manuscript.

The organization of the paper is as follows. After recalling some notation in Section 2, we recall and develop some lemmas concerning harmonic measure in Section 3, as well as review the definition of the cubes of David and Mattila [DM]. One particularly useful result from here which may be of independent interest is Lemma 3.3, an inequality relating harmonic measure and the Green function previously known for NTA domains or for open sets with ADR boundary but which now holds in any bounded domain. The main body of the proof of Theorem 1.1 is contained in Section 4, and in Section 5 we discuss some of its application, such as classifying all sets of absolute continuity for NTA domains.

Acknowledgments. The second author was supported in part by NSF grant DMS 1361701. The third author has been partially supported by ICMAT Severo Ochoa project SEV-2011-0087 and he acknowledges that the research leading to these results has received funding from the European Research Council under the European Union’s Seventh Framework Programme (FP7/2007-2013)/ ERC agreement no. 615112 HAPDEGMT. The fourth author is supported in part by the Alfred P. Sloan Fellowship, the NSF INSPIRE Award DMS 1344235, NSF CAREER Award DMS 1220089 and NSF UMN MRSEC Seed grant DMR 0212302. The sixth author was supported by the ERC grant 320501 of the European Research Council (FP7/2007-2013) (which also funded the first and fifth authors), by 2014-SGR-75 (Catalonia), MTM2013-44304-P (Spain), and by the Marie Curie ITN MAnET (FP7-607647). The last author was partially supported by the NSF grant DMS-1265549. The results of this paper were obtained while the second, third, fourth, sixth and seventh authors were participating in the *Research in Paris* program at the *Institut Henri Poincaré*, and while the first author was at the 2015 ICMAT program *Analysis and Geometry in Metric Spaces*. All authors would like to express their gratitude to these institutions for their support and nice working environments.

2. SOME NOTATION

We will write $a \lesssim b$ if there is $C > 0$ so that $a \leq Cb$ and $a \lesssim_t b$ if the constant C depends on the parameter t . We write $a \sim b$ to mean $a \lesssim b \lesssim a$ and define $a \sim_t b$ similarly. For sets $A, B \subset \mathbb{R}^{n+1}$, we let

$$\text{dist}(A, B) = \inf\{|x - y| : x \in A, y \in B\}, \quad \text{dist}(x, A) = \text{dist}(\{x\}, A),$$

We denote the open ball of radius r centered at x by $B(x, r)$. For a ball $B = B(x, r)$ and $\delta > 0$ we write $r(B)$ for its radius and $\delta B = B(x, \delta r)$. We let $U_\varepsilon(A)$ be the ε -neighborhood of a set $A \subset \mathbb{R}^{n+1}$. For $A \subset \mathbb{R}^{n+1}$ and $0 < \delta \leq \infty$, we set

$$\mathcal{H}_\delta^n(A) = \inf \left\{ \sum_i \text{diam}(A_i)^n : A_i \subset \mathbb{R}^{n+1}, \text{diam}(A_i) \leq \delta, A \subset \bigcup_i A_i \right\}.$$

Define the n -dimensional Hausdorff measure as

$$\mathcal{H}^n(A) = \lim_{\delta \downarrow 0} \mathcal{H}_\delta^n(A)$$

and the n -dimensional Hausdorff content as $\mathcal{H}_\infty^n(A)$. We let m denote the Lebesgue measure in \mathbb{R}^n so that, for some universal constant c depending on n and all Lebesgue measurable subsets $A \subseteq \mathbb{R}^n$, $\mathcal{H}^n(A) = cm(A)$. See Chapter 4 of [Ma] for more details.

Given a signed Radon measure ν in \mathbb{R}^{n+1} we consider the n -dimensional Riesz transform

$$\mathcal{R}\nu(x) = \int \frac{x-y}{|x-y|^{n+1}} d\nu(y),$$

whenever the integral makes sense. For $\varepsilon > 0$, its ε -truncated version is given by

$$\mathcal{R}_\varepsilon\nu(x) = \int_{|x-y|>\varepsilon} \frac{x-y}{|x-y|^{n+1}} d\nu(y).$$

For $\delta \geq 0$ we set

$$\mathcal{R}_{*,\delta}\nu(x) = \sup_{\varepsilon>\delta} |\mathcal{R}_\varepsilon\nu(x)|.$$

We also consider the maximal operator

$$\mathcal{M}_\delta^n\nu(x) = \sup_{r>\delta} \frac{|\nu|(B(x,r))}{r^n},$$

In the case $\delta = 0$ we write $\mathcal{R}_*\nu(x) := \mathcal{R}_{*,0}\nu(x)$ and $\mathcal{M}^n\nu(x) := \mathcal{M}_0^n\nu(x)$.

In what follows, Ω will always denote a connected domain. If Ω is bounded, for f a continuous function on $\partial\Omega$, the set of *upper functions* for f are the superharmonic functions h on Ω for which $\liminf_{\Omega \ni x \rightarrow \xi} h(x) \geq f(\xi)$, $\xi \in \partial\Omega$. If we define $u_f(x) = \inf\{h(x) : h \text{ is an upper function for } f\}$ for $x \in \Omega$, the usual Perron method shows that u_f is a harmonic function. One can alternatively work with *lower functions* by replacing superharmonic by subharmonic, \liminf by \limsup and \inf by \sup . By the Riesz representation theorem, there is a Radon measure ω^x on $\partial\Omega$ satisfying

$$u_f(x) = \int f d\omega^x \text{ for all } f \in C_c(\partial\Omega),$$

which we call the harmonic measure for Ω with pole at x . We refer the reader to [Hel, Chapter 3] for full details. For unbounded domains, harmonic measure can similarly be defined (see for example [HMI, Section 3]).

3. PRELIMINARIES FOR HARMONIC MEASURE

3.1. Equivalence between (a) and (b) in Theorem 1.1. An easy application of the Radon-Nykodim Theorem shows that the statements (a) and (b) in Theorem (a) are equivalent. Indeed, assume that the statement (a) holds. To prove (b), consider $E \subset \partial\Omega$ such that $\mathcal{H}^n(E) < \infty$ and $\mathcal{H}^n \ll \omega$ on E . By the Radon-Nykodim Theorem, there is a function $g \in L^1(\omega^p)$ such that $\mathcal{H}^n|_E = g\omega^p|_E$. Let $F \subseteq E$ be the set where $g > 0$. Then $\mathcal{H}^n|_F = \mathcal{H}^n|_E$ and $\mathcal{H}^n \ll \omega^p \ll \mathcal{H}^n$ on F . Hence $\omega^p|_F$ is n -rectifiable by the statement (a). So $\mathcal{H}^n|_F$ is n -rectifiable, or equivalently, F is n -rectifiable.

The converse implication (b) \Rightarrow (a) is analogous and is left for the reader.

3.2. Properties of the Green function. Let \mathcal{E} denote the fundamental solution for the Laplace equation in \mathbb{R}^{n+1} , so that $\mathcal{E}(x) = c_n|x|^{1-n}$ for $n \geq 2$, and $\mathcal{E}(x) = -c_1 \log|x|$ for $n = 1$, $c_1, c_n > 0$. A *Green function* $G_\Omega : \Omega \times \Omega \rightarrow [0, \infty]$ for an open set $\Omega \subseteq \mathbb{R}^{n+1}$ is a function with the following properties: for each $x \in \Omega$, $G_\Omega(x, y) = \mathcal{E}(x-y) + h_x(y)$ where h_x is harmonic on Ω , and whenever v_x is a nonnegative superharmonic function that is the sum of $\mathcal{E}(x - \cdot)$ and another superharmonic function, then $v_x \geq G_\Omega(x, \cdot)$ ([Hel, Definition 4.2.3]).

An open subset of \mathbb{R}^{n+1} having a Green function will be called a Greenian set. The class of domains considered in Theorem 1.1 are always Greenian. Indeed, all open subsets of \mathbb{R}^{n+1} are Greenian for $n \geq 2$ ([Hel, Theorem 4.2.10]); in the plane, if $\mathcal{H}^1(\partial\Omega) > 0$, then $\partial\Omega$ is nonpolar (p. 207 Theorem 11.14 of [HKM]) and domains with nonpolar boundaries are Greenian by Myrberg's Theorem (see Theorem 5.3.8 on p. 133 of [AG]).

For a bounded open set, we may write the Green function exactly [Hel, Lemma 5.5.1]: for $x, y \in \Omega$, $x \neq y$, define

$$(3.1) \quad G(x, y) = \mathcal{E}(x - y) - \int_{\partial\Omega} \mathcal{E}(x - z) d\omega^y(z).$$

For $x \in \mathbb{R}^{n+1} \setminus \Omega$ and $y \in \Omega$, we will also set

$$(3.2) \quad G(x, y) = 0.$$

Note that the equation (3.1) is still valid for $x \in \mathbb{R}^{n+1} \setminus \overline{\Omega}$ and $y \in \Omega$ by [Hel, Theorem 3.6.10]. The case when $x \in \partial\Omega$ and $y \in \Omega$ is more delicate and the identity (3.1) may fail. However, we have the following partial result:

Lemma 3.1. *Let Ω be a Greenian domain and let $y \in \Omega$. For m -almost all $x \in \Omega^c$ we have*

$$(3.3) \quad \mathcal{E}(x - y) - \int_{\partial\Omega} \mathcal{E}(x - z) d\omega^y(z) = 0.$$

Clearly, in the particular case where $m(\partial\Omega) = 0$, this result is a consequence of the aforementioned fact that (3.1) also holds for all $x \in \mathbb{R}^{n+1} \setminus \overline{\Omega}$, $y \in \Omega$, with $G(x, y) = 0$. However, Theorem 1.1 deals with arbitrary domains in \mathbb{R}^{n+1} and so we cannot assume that $m(\partial\Omega) = 0$.

Proof. Let $A \subset \Omega^c$ be a compact set with $m(A) > 0$. Observe that the function $U_A = \mathcal{E} * \chi_A$ is continuous, bounded in \mathbb{R}^{n+1} , and harmonic in A^c . Then, by Fubini we have for all $y \in \Omega$,

$$\begin{aligned} \int_A \left(\mathcal{E}(x - y) - \int_{\partial\Omega} \mathcal{E}(x - z) d\omega^y(z) \right) dm(x) \\ &= U_A(y) - \int_{\partial\Omega} \int_E \mathcal{E}(x - z) dm(x) d\omega^y(z) \\ &= U_A(y) - \int_{\partial\Omega} U_A(z) d\omega^y(z) = 0, \end{aligned}$$

using that U_A is harmonic in $\Omega \subset A^c$ and bounded on $\partial\Omega$ for the last identity. Since the compact set $A \subset \Omega^c$ is arbitrary, the lemma follows. \square

Let us remark that a slightly more elaborated argument shows that the identity (3.3) holds for \mathcal{H}^s -almost all $x \in \Omega^c$, for any $s > n - 1$.

Remark 3.2. As a corollary of the preceding lemma we deduce that

$$G(x, y) = \mathcal{E}(x - y) - \int_{\partial\Omega} \mathcal{E}(x - z) d\omega^y(z) \quad \text{for } m\text{-a.e. } x \in \mathbb{R}^{n+1}.$$

We will also need the following auxiliary result.

Lemma 3.3. *Let $n \geq 2$ and $\Omega \subset \mathbb{R}^{n+1}$ be a bounded open connected set. Let $B = B(x_0, r)$ be a closed ball with $x_0 \in \partial\Omega$ and $0 < r < \text{diam}(\partial\Omega)$. Then, for all $a > 0$,*

$$(3.4) \quad \omega^x(aB) \gtrsim \inf_{z \in 2B \cap \Omega} \omega^z(aB) r^{n-1} G(x, y) \quad \text{for all } x \in \Omega \setminus 2B \text{ and } y \in B \cap \Omega,$$

with the implicit constant independent of a .

Proof. Fix $y \in B \cap \Omega$ and note that for every $x \in \partial(2B) \cap \Omega$ we have

$$(3.5) \quad G(x, y) \lesssim \frac{1}{|x - y|^{n-1}} \leq \frac{c}{r^{n-1}} \leq \frac{c \omega^x(aB)}{r^{n-1} \inf_{z \in 2B \cap \Omega} \omega^z(aB)}.$$

Let us observe that the two non-negative functions

$$u(x) = c^{-1} G(x, y) r^{n-1} \inf_{z \in 2B \cap \Omega} \omega^z(aB) \quad \text{and} \quad v(x) = \omega^x(aB)$$

are harmonic, hence continuous, in $\Omega \setminus \overline{2B}$. Note that (3.5) says that $u \leq v$ in $\partial(2B) \cap \Omega$ and hence $\lim_{\Omega \setminus \overline{2B} \ni z \rightarrow x} (v - u)(z) = (v - u)(x) \geq 0$ for every $x \in \partial(2B) \cap \Omega$. On the other hand, for a fixed $y \in B \cap \Omega$, one has that $\lim_{\Omega \ni z \rightarrow x} G(z, y) = 0$ for every $x \in \partial\Omega$ with the exception of a polar set ([Hel, Theorem 5.5.4]). Gathering all these we conclude that $\liminf_{\Omega \setminus \overline{2B} \ni z \rightarrow x} (v - u)(z) \geq 0$ for every $x \in \partial(\Omega \setminus \overline{2B})$ with the exception of a polar set.

Finally, we clearly have that $v \geq 0$ on $\Omega \setminus \overline{2B}$ and also that $u(x) \lesssim r^{n-1} |x - y|^{1-n} \leq 1$ for every $x \in \Omega \setminus \overline{2B}$ and $y \in B \cap \Omega$. Thus $v - u$ is bounded from below in $\Omega \setminus \overline{2B}$. We can now invoke the maximum principle [Hel, Lemma 5.2.21] to conclude that $u \leq v$ on $\Omega \setminus \overline{2B}$ and hence in $\Omega \setminus 2B$. \square

3.3. Bourgain's Lemma. We recall a result of Bourgain from [Bo].

Lemma 3.4. *There is $\delta_0 > 0$ depending only on $n \geq 1$ so that the following holds for $\delta \in (0, \delta_0)$. Let $\Omega \subsetneq \mathbb{R}^{n+1}$ be a bounded domain, $n - 1 < s \leq n + 1$, $\xi \in \partial\Omega$, $r > 0$, and $B = B(\xi, r)$. Then*

$$\omega^x(B) \gtrsim_{n,s} \frac{\mathcal{H}_\infty^s(\partial\Omega \cap \delta B)}{(\delta r)^s} \quad \text{for all } x \in \delta B \cap \Omega.$$

Proof. Without loss of generality, we assume $\xi = 0$ and $r = 1$. We denote

$$\rho = \frac{\mathcal{H}_\infty^s(\partial\Omega \cap \delta B)}{\delta^s}.$$

Let μ be a Frostman measure supported in $\delta B \cap \partial\Omega$ so that

- $\mu(B(x, r)) \leq r^s$ for all $x \in \mathbb{R}^{n+1}$ and $r > 0$,
- $\rho \delta^s \geq \mu(\delta B) \geq c \rho \delta^s$ where $c = c(n) > 0$.

First assume $n > 1$. Define the function

$$u(x) = \int \frac{1}{|x - y|^{n-1}} d\mu(y),$$

which is harmonic out of $\text{supp } \mu$ and satisfies the following properties:

- (i) For $x \in \delta B$,

$$u(x) \geq 2^{1-n} \delta^{1-n} \mu(\delta B) \geq c 2^{1-n} \delta^{s-n+1} \rho.$$

(ii) For every $x \in \mathbb{R}^{n+1}$, since $\mu(\delta B) \leq \delta^s$ and $s > n - 1$,

$$\begin{aligned} u(x) &= \int_{\delta B} \int_0^{|x-y|^{-1}} (n-1)t^{n-2} dt d\mu(y) = (n-1) \int_0^\infty t^{n-2} \mu(B(x, t^{-1})) dt \\ &\leq (n-1) \left(\int_0^{\frac{1}{2\delta}} t^{n-2} \mu(\delta B) + \int_{\frac{1}{2\delta}}^\infty t^{n-2-s} dt \right) \\ &\leq \delta^{s-n+1} (n-1) \left(\frac{2^{-n+1}}{n-1} + \frac{2^{s-n+1}}{s-n+1} \right) \leq \delta^{s-n+1} \frac{6(n-1)}{s-n+1}. \end{aligned}$$

(iii) For $x \in B^c$,

$$u(x) = \int \frac{1}{|x-y|^{n-1}} d\mu(x) \leq 2^{n-1} \mu(\delta B) \leq 2^{n-1} \rho \delta^s.$$

Set

$$v(x) = \frac{u(x) - \sup_{B^c} u}{\sup u}.$$

Then

- (a) v is harmonic in $(\delta B \cap \partial\Omega)^c$,
- (b) $v \leq 1$,
- (c) $v \leq 0$ on B^c ,
- (d) for $x \in \delta B$ and $\delta \leq (2^{1-2n} c)^{\frac{1}{n-1}}$

$$v(x) \geq \frac{c 2^{1-n} \delta^{s-n+1} \rho - 2^{n-1} \rho \delta^s}{\frac{6(n-1)}{s-n+1} \delta^{s-n+1}} \geq c \frac{s-n+1}{6(n-1)} 2^{-n} \rho.$$

Let ϕ be any continuous compactly supported function such that $\phi \equiv 1$ on B and $0 \leq \phi \leq 1$. Note that the previous items imply that v is subharmonic in Ω and satisfies $\limsup_{\Omega \ni x \rightarrow \xi} v(x) \leq \phi(\xi)$, that is, v is a lower function for ϕ . Hence the usual Perron method in bounded domains gives that $\int \phi d\omega^x \geq v(x)$ for every $x \in \Omega$ (let us recall that $\int \phi d\omega^x$ is precisely the sup of all lower functions for ϕ). Taking next the infimum over all such ϕ , we get $\omega^x(\overline{B}) \geq v(x)$ for every $x \in \Omega$, and the lemma follows easily.

Now we consider the case $n = 1$. Define ρ and μ just as before but now set

$$u(x) = \int \log \frac{1}{|x-y|} d\mu(y).$$

Again, this is harmonic off of $\text{supp } \mu$ and satisfies the following properties:

(i) For $x \in \delta B$,

$$u(x) \geq \log \frac{1}{2\delta} \mu(\delta B) \geq c \rho \delta^s \log \frac{1}{2\delta}.$$

(ii) Also, for $x \in B$, since $s \in (0, 2)$ (assuming $\delta < \frac{1}{4}$)

$$\begin{aligned} u(x) &\leq \int_{\delta B} \int_{\frac{1}{2}}^{|x-y|^{-1}} \frac{1}{t} dt d\mu(y) = \int_{\frac{1}{2}}^\infty \frac{\mu(B(x, t^{-1}))}{t} dt \leq \int_{\frac{1}{2}}^{\frac{1}{2\delta}} \frac{\mu(\delta B)}{t} dt + \int_{\frac{1}{2\delta}}^\infty \frac{1}{t^{1+s}} dt \\ &= \delta^s \log \frac{1}{\delta} + \frac{2^s \delta^s}{s} \leq \frac{8}{s} \delta^s \log \frac{1}{2\delta} \end{aligned}$$

(iii) For $x \in B^c$ (assuming $\delta < \frac{1}{4}$)

$$u(x) \leq \mu(\delta B) \log 2 \leq \min\{\rho, 1\} \delta^s \log 2 \leq \frac{2}{s} \min\{\rho, 1\} \delta^s \log \frac{1}{2\delta}.$$

(iv) The previous two estimates give $u \leq \frac{8}{s} \delta^s \log \frac{1}{2\delta}$.

Define v just as before. For $x \in \delta B$ and $\delta < e^{-\frac{2 \log 2}{c}}/2$

$$v(x) \geq \frac{c\rho\delta^s \log \frac{1}{2\delta} - \rho\delta^s \log 2}{\frac{6}{s}\delta^s \log \frac{1}{2\delta}} \geq \frac{cs}{16}\rho.$$

From here the proof continues just as before and this completes the case $n = 1$. \square

3.4. The dyadic lattice of David and Mattila. Now we will consider the dyadic lattice of cubes with small boundaries of David-Mattila associated with ω^p . This lattice has been constructed in [DM, Theorem 3.2] (with ω^p replaced by a general Radon measure). Its properties are summarized in the next lemma.

Lemma 3.5 (David, Mattila). *Consider two constants $C_0 > 1$ and $A_0 > 5000 C_0$ and denote $W = \text{supp } \omega^p$. Then there exists a sequence of partitions \mathcal{D}_k of W into Borel subsets Q , $Q \in \mathcal{D}_k$, with the following properties:*

- For each integer $k \geq 0$, W is the disjoint union of the “cubes” Q , $Q \in \mathcal{D}_k$, and if $k < l$, $Q \in \mathcal{D}_k$, and $R \in \mathcal{D}_l$, then either $Q \cap R = \emptyset$ or else $Q \subset R$.
- The general position of the cubes Q can be described as follows. For each $k \geq 0$ and each cube $Q \in \mathcal{D}_k$, there is a ball $B(Q) = B(z_Q, r(Q))$ such that

$$z_Q \in W, \quad A_0^{-k} \leq r(Q) \leq C_0 A_0^{-k},$$

$$W \cap B(Q) \subset Q \subset W \cap 28B(Q) = W \cap B(z_Q, 28r(Q)),$$

and

the balls $5B(Q)$, $Q \in \mathcal{D}_k$, are disjoint.

- The cubes $Q \in \mathcal{D}_k$ have small boundaries. That is, for each $Q \in \mathcal{D}_k$ and each integer $l \geq 0$, set

$$N_l^{\text{ext}}(Q) = \{x \in W \setminus Q : \text{dist}(x, Q) < A_0^{-k-l}\},$$

$$N_l^{\text{int}}(Q) = \{x \in Q : \text{dist}(x, W \setminus Q) < A_0^{-k-l}\},$$

and

$$N_l(Q) = N_l^{\text{ext}}(Q) \cup N_l^{\text{int}}(Q).$$

Then

$$(3.6) \quad \omega^p(N_l(Q)) \leq (C^{-1} C_0^{-3(n+1)-1} A_0)^{-l} \omega^p(90B(Q)).$$

- Denote by $\mathcal{D}_k^{\text{db}}$ the family of cubes $Q \in \mathcal{D}_k$ for which

$$(3.7) \quad \omega^p(100B(Q)) \leq C_0 \omega^p(B(Q)).$$

We have that $r(Q) = A_0^{-k}$ when $Q \in \mathcal{D}_k \setminus \mathcal{D}_k^{\text{db}}$ and

$$(3.8) \quad \omega^p(100B(Q)) \leq C_0^{-l} \omega^p(100^{l+1}B(Q))$$

for all $l \geq 1$ such that $100^l \leq C_0$ and $Q \in \mathcal{D}_k \setminus \mathcal{D}_k^{\text{db}}$.

We use the notation $\mathcal{D} = \bigcup_{k \geq 0} \mathcal{D}_k$. Observe that the families \mathcal{D}_k are only defined for $k \geq 0$. So the diameters of the cubes from \mathcal{D} are uniformly bounded from above. Given $Q \in \mathcal{D}_k$, we denote $J(Q) = k$. We set $\ell(Q) = 56 C_0 A_0^{-k}$ and we call it the side length of Q . Notice that

$$\frac{1}{28} C_0^{-1} \ell(Q) \leq \text{diam}(B(Q)) \leq \ell(Q).$$

Observe that $r(Q) \sim \text{diam}(B(Q)) \sim \ell(Q)$. Also we call z_Q the center of Q , and the cube $Q' \in \mathcal{D}_{k-1}$ such that $Q' \supset Q$ the parent of Q . We set $B_Q = 28 B(Q) = B(z_Q, 28 r(Q))$, so that

$$W \cap \frac{1}{28} B_Q \subset Q \subset B_Q.$$

We assume A_0 big enough so that the constant $C^{-1} C_0^{-3d-1} A_0$ in (3.6) satisfies

$$C^{-1} C_0^{-3d-1} A_0 > A_0^{1/2} > 10.$$

Then we deduce that, for all $0 < \lambda \leq 1$,

$$\begin{aligned} \omega^p(\{x \in Q : \text{dist}(x, W \setminus Q) \leq \lambda \ell(Q)\}) + \omega^p(\{x \in 3.5B_Q : \text{dist}(x, Q) \leq \lambda \ell(Q)\}) \\ \leq c \lambda^{1/2} \omega^p(3.5B_Q). \end{aligned}$$

We denote $\mathcal{D}^{db} = \bigcup_{k \geq 0} \mathcal{D}_k^{db}$. Note that, in particular, from (3.7) it follows that

$$(3.9) \quad \omega^p(3B_Q) \leq \omega^p(100B(Q)) \leq C_0 \omega^p(Q) \quad \text{if } Q \in \mathcal{D}^{db}.$$

For this reason we will call the cubes from \mathcal{D}^{db} doubling.

As shown in [DM, Lemma 5.28], every cube $R \in \mathcal{D}$ can be covered ω^p -a.e. by a family of doubling cubes:

Lemma 3.6. *Let $R \in \mathcal{D}$. Suppose that the constants A_0 and C_0 in Lemma 3.5 are chosen suitably. Then there exists a family of doubling cubes $\{Q_i\}_{i \in I} \subset \mathcal{D}^{db}$, with $Q_i \subset R$ for all i , such that their union covers ω^p -almost all R .*

The following result is proved in [DM, Lemma 5.31].

Lemma 3.7. *Let $R \in \mathcal{D}$ and let $Q \subset R$ be a cube such that all the intermediate cubes S , $Q \subsetneq S \subsetneq R$ are non-doubling (i.e. belong to $\mathcal{D} \setminus \mathcal{D}^{db}$). Then*

$$(3.10) \quad \omega^p(100B(Q)) \leq A_0^{-10n(J(Q)-J(R)-1)} \omega^p(100B(R)).$$

Given a ball $B \subset \mathbb{R}^{n+1}$, we consider its n -dimensional density:

$$\Theta_\omega(B) = \frac{\omega^p(B)}{r(B)^n}.$$

From the preceding lemma we deduce:

Lemma 3.8. *Let $Q, R \in \mathcal{D}$ be as in Lemma 3.7. Then*

$$\Theta_\omega(100B(Q)) \leq C_0 A_0^{-9n(J(Q)-J(R)-1)} \Theta_\omega(100B(R))$$

and

$$\sum_{S \in \mathcal{D}: Q \subset S \subset R} \Theta_\omega(100B(S)) \lesssim_{A_0, C_0} \Theta_\omega(100B(R)).$$

For the easy proof, see [To3, Lemma 4.4], for example.

From now on we will assume that C_0 and A_0 are some big fixed constants so that the results stated in the lemmas of this section hold.

4. THE PROOF OF THEOREM 1.1

4.1. The strategy. It is enough to prove the statement (a) in the theorem. We fix a point $p \in \Omega$ far from the boundary to be specified later. To prove that $\omega^p|_E$ is rectifiable we will show that any subset of positive harmonic measure of E contains another subset G of positive harmonic measure such that $\mathcal{R}_* \omega^p(x) < \infty$ in G . Applying a deep theorem essentially due to Nazarov, Treil and Volberg, one deduces that G contains yet another subset G_0 of positive harmonic measure such that $\mathcal{R}_{\omega^p|_{G_0}}$ is bounded in $L^2(\omega^p|_{G_0})$. Then from the results of Nazarov, Tolsa and Volberg in [NToV1] and [NToV2], it follows that $\omega^p|_{G_0}$ is n -rectifiable. This suffices to prove the full n -rectifiability of $\omega^p|_E$.

One of the difficulties of Theorem 1.1 is due to the fact that the non-Ahlfors regularity of $\partial\Omega$ makes it difficult to apply some usual tools from potential theory, such as the ones developed by Aikawa in [Ai1] and [Ai2]. In our proof we solve this issue by applying some stopping time arguments involving the harmonic measure and a suitable Frostman measure.

The connection between harmonic measure and the Riesz transform is already used, at least implicitly, in the work of Hofmann, Martell and Uriarte-Tuero [HMU], and more explicitly in the paper by Hofmann, Martell and Mayboroda [HMM]. Indeed, in [HMU], in order to prove the uniform rectifiability of $\partial\Omega$, the authors rely on the study of a square function related to the double gradient of the single layer potential and the application of an appropriate rectifiability criterion due to David and Semmes [DS]. Note that the gradient of the single layer potential coincides with the Riesz transform away from the boundary.

4.2. Reduction to bounded domains. We now begin the proof of Theorem 1.1 (a) in earnest, and begin by reducing it to the bounded case.

Lemma 4.1. *If Theorem 1.1 (a) holds for Ω bounded, then it holds for all $\Omega \subseteq \mathbb{R}^{n+1}$, $n \geq 1$.*

Proof. Here we will follow the construction of harmonic measure from [HM1, Section 3]. To that end we fix $x_0 \in \partial\Omega$ and N large enough and set $\Omega_N = \Omega \cap B(x_0, 2N)$, whose harmonic measure is denoted by ω_N . We may assume that E in the hypotheses of Theorem 1.1 is bounded (otherwise E may be chopped into bounded pieces and we may work with each of them separately). We assume that N is large enough (say $N \geq N_0$) so that $E \subset B(x_0, N/2)$ and observe that from [HM1, Section 3] and the inner and outer regularity of harmonic measure we can easily see that for every fixed $x \in \Omega$, $\omega_N^x(A) \nearrow \omega^x(A)$ as $N \rightarrow \infty$ for every Borel bounded set $A \subset \partial\Omega$. In particular, $\omega^p|_E \ll \mathcal{H}^n|_E$ implies that $\omega_N^p|_E \ll \mathcal{H}^n|_E$. Note that in the process we may have lost the connectivity of Ω_N so we need to take Ω_N^p the connected component of Ω_N containing p . Call $E_N = \partial\Omega_N^p \cap E$ and note that $\omega_N^p|_{E_N} \ll \mathcal{H}^n|_{E_N}$. If $\mathcal{H}^n(E_N) = 0$ then $\omega_N^p|_{E_N}(E_N) = 0$ and hence $\omega_N^p|_{E_N}$ is n -rectifiable. Otherwise, $0 < \mathcal{H}^n(E_N) \leq \mathcal{H}^n(E) < \infty$ and by the bounded case we conclude that $\omega_N^p|_{E_N}$ is n -rectifiable. Note also that $\omega_N^p|_{E \setminus E_N} \equiv 0$ (ω_N^p is supported on $\partial\Omega_N^p$). Hence, $\omega_N^p|_E$ is n -rectifiable, that is, there exists a Borel set $F_N \subset E$ with $\omega_N^p(F_N) = 0$ and a countable collection of (possibly rotated) Lipschitz graphs $\{\Gamma_j^N\}_j$ so

that $E \subset F_N \cup (\cup_j \Gamma_j^N)$. We next set $F_0 = \cap_{N \geq N_0} F_N$ which is a Borel set satisfying that $\omega_N^p(F_0) = 0$ for every $N \geq N_0$. This implies that $\omega^p(F_0) = \lim_{N \rightarrow \infty} \omega_N^p(F_0) = 0$. Clearly, $E \subset F_0 \cup (\cup_{N \geq N_0} \cup_j \Gamma_j^N)$ and this shows that $\omega^p|_E$ is rectifiable as desired. \square

Thus, assume Ω is a connected bounded open set and let E be as in Theorem 1.1 (a), fix a point $p \in \Omega$, and consider the harmonic measure ω^p of Ω with pole at p . The reader may think that p is deep inside Ω .

Let $g \in L^1(\omega^p)$ be such that

$$\omega^p|_E = g \mathcal{H}^n|_{\partial\Omega}.$$

Given $M > 0$, let

$$E_M = \{x \in \partial\Omega : M^{-1} \leq g(x) \leq M\}.$$

Take M big enough so that $\omega^p(E_M) \geq \omega^p(E)/2$, say. Consider an arbitrary compact set $F_M \subset E_M$ with $\omega^p(F_M) > 0$. We will show that there exists $G_0 \subset F_M$ with $\omega^p(G_0) > 0$ which is n -rectifiable. Clearly, this suffices to prove that $\omega^p|_{E_M}$ is n -rectifiable, and letting $M \rightarrow \infty$ we get the full n -rectifiability of $\omega^p|_E$.

Let μ be an n -dimensional Frostman measure for F_M . That is, μ is a non-zero Radon measure supported on F_M such that

$$\mu(B(x, r)) \leq C r^n \quad \text{for all } x \in \mathbb{R}^{n+1}.$$

Further, by renormalizing μ , we can assume that $\|\mu\| = 1$. Of course the constant C above will depend on $\mathcal{H}_\infty^n(F_M)$, and the same may happen for all the constants C to appear, but this will not bother us. Notice that $\mu \ll \mathcal{H}^n|_{F_M} \ll \omega^p$. In fact, for any set $H \subset F_M$,

$$(4.1) \quad \mu(H) \leq C \mathcal{H}_\infty^n(H) \leq C \mathcal{H}^n(H) \leq C M \omega^p(H).$$

4.3. The bad cubes. Now we need to define a family of bad cubes. We say that $Q \in \mathcal{D}$ is bad and we write $Q \in \text{Bad}$, if $Q \in \mathcal{D}$ is a maximal cube satisfying one of the conditions below:

- (a) $\mu(Q) \leq \tau \omega^p(Q)$, where $\tau > 0$ is a small parameter to be fixed below, or
- (b) $\omega^p(3B_Q) \geq A r(B_Q)^n$, where A is some big constant to be fixed below.

The existence maximal cubes is guaranteed by the fact that all the cubes from \mathcal{D} have side length uniformly bounded from above (since \mathcal{D}_k is defined only for $k \geq 0$). If the condition (a) holds, we write $Q \in \text{LM}$ (little measure μ) and in the case (b), $Q \in \text{HD}$ (high density). On the other hand, if a cube $Q \in \mathcal{D}$ is not contained in any cube from Bad , we say that Q is good and we write $Q \in \text{Good}$.

Notice that

$$\sum_{Q \in \text{LM} \cap \text{Bad}} \mu(Q) \leq \tau \sum_{Q \in \text{LM} \cap \text{Bad}} \omega^p(Q) \leq \tau \|\omega\| = \tau = \tau \mu(F_M).$$

Therefore, taking into account that $\tau \leq 1/2$ and that $\omega^p|_{F_M} = g(x) \mathcal{H}^n|_{F_M}$ with $g(x) \geq M$, we have by (4.1)

$$\begin{aligned} \frac{1}{2} \omega^p(F_M) &\leq \frac{1}{2} = \frac{1}{2} \mu(F_M) \leq \mu\left(F_M \setminus \bigcup_{Q \in \text{LM} \cap \text{Bad}} Q\right) \\ &\leq C \mathcal{H}^n\left(F_M \setminus \bigcup_{Q \in \text{LM} \cap \text{Bad}} Q\right) \leq C M \omega^p\left(F_M \setminus \bigcup_{Q \in \text{LM} \cap \text{Bad}} Q\right). \end{aligned}$$

On the other hand, we claim that $\Theta^{n,*}(x, \omega^p) := \limsup_{r \rightarrow 0} \frac{\omega^p(B(x, r))}{(2r)^n} < \infty$ for ω^p -a.e. $x \in E$. Indeed, by [Ma, Theorem 2.12], $\lim_{r \rightarrow 0} \omega(B(x, r))/\mathcal{H}^n|_E(B(x, r))$ exists and is finite for \mathcal{H}^n -a.e. $x \in E$. Also, since we have assumed that $\mathcal{H}^n(E) < \infty$, [Ma, Theorem 6.2] gives $\limsup_{r \rightarrow 0} \mathcal{H}^n|_E(B(x, r))/(2r)^n \leq 1$ for \mathcal{H}^n -a.e. $x \in E$. Gathering these two we conclude that $\Theta^{n,*}(x, \omega^p) < \infty$ for \mathcal{H}^n -a.e. $x \in E$ and hence for ω^p -a.e. $x \in E$ since by assumption $\omega|_E \ll \mathcal{H}^n|_E$. This shows the claim.

As a consequence we next claim that for any $\delta > 0$ and for A big enough

$$\omega^p\left(F_M \cap \left(\bigcup_{Q \in \text{HD}} Q\right)\right) < \delta \omega^p(F_M).$$

Indeed it is straightforward to show that

$$\omega^p\left(F_M \cap \left(\bigcup_{Q \in \text{HD}} Q\right)\right) \leq \omega^p(\{x \in E : \mathcal{M}^n \omega^p(x) \geq 4^{-n} A\})$$

and since $\omega^p(F_M) > 0$ it suffices to see that $\omega^p(E_k) \rightarrow 0$ as $k \rightarrow \infty$ with $E_k = \{x \in E : \mathcal{M}^n \omega^p(x) > k\}$. If this were not true we would have that $\omega^p(E_k) \geq c > 0$ for all $k \geq 1$, and then $\omega^p(\{x \in E : \mathcal{M}^n \omega^p(x) = \infty\}) \geq c$. We know from the previous claim that $\mathcal{M}^n \omega^p < \infty$, ω^p -a.e. in E , hence get a contradiction.

From the above estimates it follows that for δ small enough

$$(4.2) \quad \omega^p\left(F_M \setminus \bigcup_{Q \in \text{Bad}} Q\right) > 0,$$

if τ and A have been chosen appropriately.

For technical reasons we have now to introduce a variant of the family \mathcal{D}^{db} of doubling cubes defined in Section 3.4. Given some constant $T \geq C_0$ (where C_0 is the constant in Lemma 3.5) to be fixed below, we say that $Q \in \tilde{\mathcal{D}}^{db}$ if

$$\omega^p(100B(Q)) \leq T \omega^p(Q).$$

We also set $\tilde{\mathcal{D}}_k^{db} = \tilde{\mathcal{D}}^{db} \cap \mathcal{D}_k$ for $k \geq 0$. From (3.9) and the fact that $T \geq C_0$, it is clear that $\mathcal{D}^{db} \subset \tilde{\mathcal{D}}^{db}$.

Lemma 4.2. *If the constant T is chosen big enough, then*

$$\omega^p\left(F_M \cap \bigcup_{Q \in \tilde{\mathcal{D}}_0^{db}} Q \setminus \bigcup_{Q \in \text{Bad}} Q\right) > 0.$$

Notice that above $\tilde{\mathcal{D}}_0^{db}$ stands for the family of cubes from the zero level of $\tilde{\mathcal{D}}^{db}$.

Proof. By the preceding discussion we already know that

$$\omega^p\left(F_M \setminus \bigcup_{Q \in \text{Bad}} Q\right) > 0.$$

If $Q \notin \tilde{\mathcal{D}}^{db}$, then $\omega^p(Q) \leq T^{-1} \omega^p(100B(Q))$. Hence by the finite overlap of the balls $100B(Q)$ associated with cubes from \mathcal{D}_0 we get

$$\omega^p\left(\bigcup_{Q \in \mathcal{D}_0 \setminus \tilde{\mathcal{D}}^{db}} Q\right) \leq \frac{1}{T} \sum_{Q \in \mathcal{D}_0} \omega^p(100B(Q)) \leq \frac{C}{T} \|\omega^p\| = \frac{C}{T}.$$

Thus for T big enough we derive

$$\omega^p\left(\bigcup_{Q \in \mathcal{D}_0 \setminus \tilde{\mathcal{D}}^{db}} Q\right) \leq \frac{1}{2} \omega^p\left(F_M \setminus \bigcup_{Q \in \text{Bad}} Q\right),$$

and then the lemma follows. \square

Notice that for the points $x \in F_M \setminus \bigcup_{Q \in \text{Bad}} Q$, from the condition (b) in the definition of bad cubes, it follows that

$$\omega^p(B(x, r)) \lesssim A r^n \quad \text{for all } 0 < r \leq 1.$$

Trivially, the same estimate holds for $r \geq 1$, since $\|\omega^p\| = 1$. So we have

$$(4.3) \quad \mathcal{M}^n \omega^p(x) \lesssim A \quad \text{for } \omega^p\text{-a.e. } x \in F_M \setminus \bigcup_{Q \in \text{Bad}} Q.$$

4.4. The key lemma about the Riesz transform of ω^p on the good cubes.

Lemma 4.3 (Key lemma). *Let $Q \in \text{Good}$ be contained in some cube from the family $\tilde{\mathcal{D}}_0^{db}$, and $x \in Q$. Then we have*

$$(4.4) \quad |\mathcal{R}_{r(B_Q)} \omega^p(x)| \leq C(A, M, T, \tau, d(p)),$$

where, to shorten notation, we wrote $d(p) = \text{dist}(p, \partial\Omega)$.

Proof of the Key Lemma in the case $n \geq 2$. To prove the lemma, clearly we may assume that $r(B_Q) \ll \text{dist}(p, \partial\Omega)$ for any $Q \in \text{Good}$. First we will prove (4.4) for $Q \in \tilde{\mathcal{D}}_0^{db} \cap \text{Good}$. In this case, by definition we have

$$(4.5) \quad \mu(Q) > \tau \omega^p(Q) \quad \text{and} \quad \omega^p(3B_Q) \leq T \omega^p(Q).$$

Let $\varphi : \mathbb{R}^{n+1} \rightarrow [0, 1]$ be a radial C^∞ function which vanishes on $B(0, 1)$ and equals 1 on $\mathbb{R}^{n+1} \setminus B(0, 2)$, and for $\varepsilon > 0$ and $z \in \mathbb{R}^{n+1}$ denote $\varphi_\varepsilon(z) = \varphi\left(\frac{z}{\varepsilon}\right)$ and $\psi_\varepsilon = 1 - \varphi_\varepsilon$. We set

$$\tilde{\mathcal{R}}_\varepsilon \omega^p(z) = \int K(z - y) \varphi_\varepsilon(z - y) d\omega^p(y),$$

where $K(\cdot)$ is the kernel of the n -dimensional Riesz transform.

Let $\delta > 0$ be the constant appearing in Lemma 3.4 about Bourgain's estimate. Consider a ball \tilde{B}_Q centered at some point from $B_Q \cap \partial\Omega$ with $r(\tilde{B}_Q) = \frac{\delta}{10} r(B_Q)$ and so that $\mu(\tilde{B}_Q) \gtrsim \mu(B_Q)$, with the implicit constant depending on δ . Note that, for every $x, z \in B_Q$, by standard Calderón-Zygmund estimates

$$|\tilde{\mathcal{R}}_{r(\tilde{B}_Q)} \omega^p(x) - \mathcal{R}_{r(B_Q)} \omega^p(z)| \leq C(\delta) \mathcal{M}_{r(\tilde{B}_Q)}^n \omega^p(z),$$

and

$$\mathcal{M}_{r(\tilde{B}_Q)}^n \omega^p(z) \leq C(\delta, A) \quad \text{for all } z \in B_Q,$$

since Q being good implies that Q and all its ancestors are not from HD. Thus, to prove (4.4) it suffices to show that

$$(4.6) \quad |\tilde{\mathcal{R}}_{r(\tilde{B}_Q)} \omega^p(x)| \leq C(\delta, A, M, T, \tau, d(p)) \quad \text{for the center } x \text{ of } \tilde{B}_Q.$$

To shorten notation, in the rest of the proof we will write $r = r(\tilde{B}_Q)$, so that $\tilde{B}_Q = B(x, r)$. For a fixed $x \in Q \subset \partial\Omega$ and $z \in \mathbb{R}^{n+1} \setminus [\text{supp}(\varphi_r(x - \cdot)\omega^p) \cup \{p\}]$, consider the function

$$u_r(z) = \mathcal{E}(z - p) - \int \mathcal{E}(z - y) \varphi_r(x - y) d\omega^p(y),$$

so that, by Remark 3.2,

$$(4.7) \quad G(z, p) = u_r(z) - \int \mathcal{E}(z - y) \psi_r(x - y) d\omega^p(y) \quad \text{for } m\text{-a.e. } z \in \mathbb{R}^{n+1}.$$

Since the kernel of the Riesz transform is

$$(4.8) \quad K(x) = c_n \nabla \mathcal{E}(x),$$

for a suitable absolute constant c_n , we have

$$\nabla u_r(z) = c_n K(z - p) - c_n \mathcal{R}(\varphi_r(\cdot - x)\omega^p)(z).$$

In the particular case $z = x$ we get

$$\nabla u_r(x) = c_n K(x - p) - c_n \tilde{\mathcal{R}}_r \omega^p(x),$$

and thus

$$(4.9) \quad |\tilde{\mathcal{R}}_r \omega^p(x)| \lesssim \frac{1}{d(p)^n} + |\nabla u_r(x)|.$$

Since u_r is harmonic in $\mathbb{R}^{n+1} \setminus [\text{supp}(\varphi_r(x - \cdot)\omega^p) \cup \{p\}]$ (and so in $B(x, r)$), we have

$$(4.10) \quad |\nabla u_r(x)| \lesssim \frac{1}{r} \int_{B(x, r)} |u_r(z)| dm(z).$$

From the identity (4.7) we deduce that

$$(4.11) \quad \begin{aligned} |\nabla u_r(x)| &\lesssim \frac{1}{r} \int_{B(x, r)} G(z, p) dm(z) + \frac{1}{r} \int_{B(x, r)} \int \mathcal{E}(z - y) \psi_r(x - y) d\omega^p(y) dm(z) \\ &=: I + II. \end{aligned}$$

To estimate the term II we use Fubini and the fact that $\text{supp } \psi_r \subset B(x, 2r)$:

$$\begin{aligned} II &\lesssim \frac{1}{r^{n+2}} \int_{y \in B(x, 2r)} \int_{z \in B(x, r)} \frac{1}{|z - y|^{n-1}} dm(z) d\omega^p(y) \\ &\lesssim \frac{\omega^p(B(x, 2r))}{r^n} \lesssim \mathcal{M}^n \omega^p(x). \end{aligned}$$

We intend to show now that $I \lesssim 1$. Clearly it is enough to show that

$$(4.12) \quad \frac{1}{r} |G(y, p)| \lesssim 1 \quad \text{for all } y \in B(x, r) \cap \Omega.$$

To prove this, observe that by Lemma 3.3 (with $B = B(x, r)$, $a = 2\delta^{-1}$), for all $y \in B(x, r) \cap \Omega$, we have

$$\omega^p(B(x, 2\delta^{-1}r)) \gtrsim \inf_{z \in B(x, 2r) \cap \Omega} \omega^z(B(x, 2\delta^{-1}r)) r^{n-1} |G(y, p)|.$$

On the other hand, by Lemma 3.4, for any $z \in B(x, 2r) \cap \Omega$,

$$\omega^z(B(x, 2\delta^{-1}r)) \gtrsim \frac{\mu(B(x, 2r))}{r^n} \geq \frac{\mu(\tilde{B}_Q)}{r^n}.$$

Therefore we have

$$\omega^p(B(x, 2\delta^{-1}r)) \gtrsim \frac{\mu(\tilde{B}_Q)}{r^n} r^{n-1} |G(y, p)|,$$

and thus

$$\frac{1}{r} |G(y, p)| \lesssim \frac{\omega^p(B(x, 2\delta^{-1}r))}{\mu(\tilde{B}_Q)}.$$

Now, recall that by construction $\mu(\tilde{B}_Q) \gtrsim \mu(B_Q) \geq \mu(Q)$ and $B(x, 2\delta^{-1}r) = 2\delta^{-1}\tilde{B}_Q \subset 3B_Q$, since $r(\tilde{B}_Q) = \frac{\delta}{10}r(B_Q)$, and so we have

$$\frac{1}{r} |G(y, p)| \lesssim \frac{\omega^p(B(x, 2\delta^{-1}r))}{\mu(\tilde{B}_Q)} \lesssim \frac{\omega^p(3B_Q)}{\mu(Q)} \lesssim \frac{\omega^p(Q)}{\mu(Q)} \leq C,$$

by (4.5). So (4.12) is proved and the proof of the Key lemma is complete in the case $n \geq 2$, $Q \in \tilde{\mathcal{D}}^{db}$.

Consider now the case $Q \in \text{Good} \setminus \tilde{\mathcal{D}}^{db}$. Let $Q' \supset Q$ be the cube from $\tilde{\mathcal{D}}^{db}$ with minimal side length. The existence of Q' is guaranteed by the fact that we have assumed that Q is contained in some cube from $\tilde{\mathcal{D}}_0^{db}$. For all $y \in B_Q$ then we have

$$|\mathcal{R}_{r(B_Q)}\omega^p(y)| \leq |\mathcal{R}_{r(B_{Q'})}\omega^p(y)| + C \sum_{P \in \mathcal{D}: Q \subset P \subset Q'} \Theta_\omega(2B_P).$$

The first term on the right hand side is bounded by some constant depending on A, M, τ, \dots by the previous case since $Q' \in \tilde{\mathcal{D}}^{db} \cap \text{Good}$. To bound the last sum we can apply Lemma 3.8 (because the cubes that are not from $\tilde{\mathcal{D}}^{db}$ do not belong to \mathcal{D}^{db} either) and then we get

$$\sum_{P \in \mathcal{D}: Q \subset P \subset Q'} \Theta_\omega(2B_P) \lesssim \Theta_\omega(100B(Q')) \lesssim \Theta_\omega(3B_{Q'}),$$

where we have used that $Q' \in \tilde{\mathcal{D}}^{db}$. Finally, since $Q' \notin \text{HD}$, we have $\Theta_\omega(3B_{Q'}) \lesssim A$. So (4.4) also holds in this case. \square

Proof of the Key Lemma in the planar case $n = 1$. We note that the arguments to prove Lemma 3.3 fail in the planar case. Therefore this cannot be applied to prove the Key Lemma and some changes are required.

We follow the same scheme and notation as in the case $n \geq 2$ and highlight the important modifications. We claim that for any constant $\alpha \in \mathbb{R}$,

$$(4.13) \quad |\tilde{\mathcal{R}}_r\omega^p(x)| \lesssim \frac{1}{r} \int_{B(x,r)} |G(y, p) - \alpha| dm(y) + \frac{1}{d(p)} + \mathcal{M}^1\omega^p(x).$$

To check this, we can argue as in the proof of the Key Lemma for $n \geq 2$ to get

$$(4.14) \quad |\tilde{\mathcal{R}}_r\omega^p(x)| \lesssim \frac{1}{d(p)} + |\nabla u_r(x)|.$$

Since u_r is harmonic in $\mathbb{R}^2 \setminus [\text{supp}(\varphi_r(x - \cdot)\omega^p) \cup \{p\}]$ for any constant $\alpha' \in \mathbb{R}^n$, we have

$$(4.15) \quad |\nabla u_r(y)| \lesssim \frac{1}{r} \int_{B(y,r)} |u_r(\cdot) - \alpha'| dm(z), \quad B(y, r) \subset \mathbb{R}^2 \setminus [\text{supp}(\varphi_r(x - \cdot)\omega^p) \cup \{p\}].$$

Note that this estimate is the same as the one in in (4.10) in the case $n \geq 2$ with $\alpha' = 0$ and $y = x$. Let $\alpha' = \alpha'(x) = \alpha + \beta \int \psi_r(x - z) d\omega^p(z)$ where we choose $\beta = \int_{B(0,3r)} \mathcal{E}(z) dm(z)$. Recall that x has been fixed and hence α is a constant. We can now apply (4.15) with $y = x$ since $B(x, r) \subset \mathbb{R}^2 \setminus [\text{supp}(\varphi_r(x - \cdot) \omega^p) \cup \{p\}]$ and identity (4.7) to deduce that

$$\begin{aligned} |\nabla u_r(x)| &\lesssim \frac{1}{r} \int_{B(x,r)} |G(z, p) - \alpha| dm(z) \\ &\quad + \frac{1}{r} \int_{B(x,r)} \int |\mathcal{E}(z - y) - \beta| \psi_r(x - y) d\omega^p(y) dm(z) \\ (4.16) \quad &=: I + II, \end{aligned}$$

for any $\alpha \in \mathbb{R}$.

To estimate the term II we apply Fubini and that $\mathcal{E}(\cdot) = -c_1 \log |\cdot|$ is a BMO function:

$$\begin{aligned} II &\leq \frac{c}{r} \int_{y \in B(x, 2r)} \int_{z \in B(x, r)} |\mathcal{E}(z - y) - \beta| dm(z) d\omega^p(y) \\ &\lesssim \frac{c}{r} \int_{y \in B(x, 2r)} \int_{z' \in B(0, 3r)} |\mathcal{E}(z') - \beta| dm(z') d\omega^p(y) \\ &\lesssim \frac{\omega^p(B(x, 2r))}{r} \\ (4.17) \quad &\leq \mathcal{M}^1 \omega^p(x). \end{aligned}$$

Note that in the second inequality we applied the change of variables $z' = z - y$ and we took into account that if $y \in B(x, 2r)$ and $z \in B(x, r)$, then $|z'| = |z - y| < 3r$. Hence (4.13) follows from (4.14), (4.16) and (4.17)

Choosing $\alpha = G(z, p)$ with $z \in B(x, r)$ in (4.13) and averaging with respect Lebesgue measure for such z 's, we get

$$|\tilde{\mathcal{R}}_r \omega^p(x)| \lesssim \frac{1}{r^5} \iint_{B(x,r) \times B(x,r)} |G(y, p) - G(z, p)| dm(y) dm(z) + \frac{1}{d(p)} + \mathcal{M}^1 \omega^p(x),$$

where we understand that $G(z, p) = 0$ for $z \notin \Omega$. Now for m -a.e. $y, z \in B(x, r)$, p far away, and ϕ a radial smooth function such that $\phi \equiv 0$ in $B(0, 2)$ and $\phi \equiv 1$ in $\mathbb{R}^2 \setminus B(0, 3)$, we write

$$\begin{aligned} c_1(G(y, p) - G(z, p)) &= \log \frac{|z - p|}{|y - p|} - \int_{\partial\Omega} \log \frac{|z - \xi|}{|y - \xi|} d\omega^p(\xi) \\ &= \left(\log \frac{|z - p|}{|y - p|} - \int_{\partial\Omega} \phi \left(\frac{\xi - x}{r} \right) \log \frac{|z - \xi|}{|y - \xi|} d\omega^p(\xi) \right) \\ &\quad - \int_{\partial\Omega} \left(1 - \phi \left(\frac{\xi - x}{r} \right) \right) \log \frac{|z - \xi|}{|y - \xi|} d\omega^p(\xi) = A_{y,z} + B_{y,z}. \end{aligned}$$

Notice that the above identities also hold if $y, z \notin \Omega$, and observe that

$$\frac{|z - p|}{|y - p|} \approx 1 \quad \text{and} \quad \frac{|z - \xi|}{|y - \xi|} \approx 1 \quad \text{for } \xi \notin B(x, 2r).$$

We claim that

$$(4.18) \quad |A_{y,z}| \lesssim \frac{\omega^p(B(x, 2\delta^{-1}r))}{\inf_{z \in B(x, 2r) \cap \Omega} \omega^z(B(x, 2\delta^{-1}r))}.$$

We defer the details till the end of the proof. By Lemma 3.4, we get

$$\inf_{z \in B(x, 2r) \cap \Omega} \omega^z(B(x, 2\delta^{-1}r)) \gtrsim \frac{\mu(B(x, 2r))}{r} \geq \frac{\mu(\tilde{B}_Q)}{r}.$$

and thus

$$\frac{|A_{y,z}|}{r} \lesssim \frac{\omega^p(B(x, 2\delta^{-1}r))}{\mu(\tilde{B}_Q)} \lesssim \frac{\omega^p(Q)}{\mu(Q)},$$

by the doubling properties of Q (for ω^p) and the choice of \tilde{B}_Q .

To deal with the term $B_{y,z}$ we write:

$$|B_{y,z}| \leq \int_{B(x, 3r)} \left(\left| \log \frac{r}{|y - \xi|} \right| + \left| \log \frac{r}{|z - \xi|} \right| \right) d\omega^p(\xi).$$

Thus

$$\begin{aligned} & \iint_{B(x, r) \times B(x, r)} |B_{y,z}| dm(y) dm(z) \\ & \lesssim r^2 \int_{B(x, r)} \int_{B(x, 3r)} \left| \log \frac{r}{|y - \xi|} \right| d\omega^p(\xi) dm(y). \end{aligned}$$

Notice that for all $\xi \in B(x, 3r)$,

$$\int_{B(x, 3r)} \left| \log \frac{r}{|y - \xi|} \right| dm(y) \lesssim r^2.$$

So by Fubini we obtain

$$\frac{1}{r^5} \iint_{B(x, r) \times B(x, r)} |B_{y,z}| dm(y) dm(z) \lesssim \frac{\omega^p(B(x, 3r))}{r} \lesssim \mathcal{M}^1 \omega^p(x).$$

Together with the bound for the term $A_{y,z}$, this gives

$$|\tilde{\mathcal{R}}_r \omega^p(x)| \lesssim \frac{\omega^p(Q)}{\mu(Q)} + \mathcal{M}^1 \omega^p(x) + \frac{1}{d(p)} \lesssim 1,$$

since $\mathcal{M}^1 \omega^p(x) \lesssim 1$ by (4.3).

It remains now to show (4.18). The argument uses the ideas in Lemma 3.3 with some modifications. Recall that

$$\begin{aligned} A_{y,z} &= A_{y,z}(p) = \log \frac{|z - p|}{|y - p|} - \int_{\partial\Omega} \phi \left(\frac{\xi - x}{r} \right) \log \frac{|z - \xi|}{|y - \xi|} d\omega^p(\xi) \\ &=: \log \frac{|z - p|}{|y - p|} - v_{x,y,z}(p) \end{aligned}$$

where $y, z \in B(x, r)$ and p is far away. The two functions

$$q \mapsto A_{y,z}(q) \quad \text{and} \quad q \mapsto \frac{c \omega^q(B(x, 2\delta^{-1}r))}{\inf_{z \in B(x, 2r) \cap \Omega} \omega_\Omega^z(B(x, 2\delta^{-1}r))}$$

are harmonic in $\Omega \setminus B(x, 2r)$. For all $q \in \partial B(x, 2r) \cap \Omega$ we clearly have

$$|A_{y,z}(q)| \leq c \leq \frac{c \omega^q(B(x, 2\delta^{-1}r))}{\inf_{z \in B(x, 2r) \cap \Omega} \omega_\Omega^z(B(x, 2\delta^{-1}r))}.$$

Since $A_{y,z}(x) = 0$ for all $x \in \partial\Omega \setminus B(x, 3r)$ except for a polar set we can apply the maximum principle and obtain (4.18), as desired (the maximum principle is justified in the same way as in the proof of Lemma 3.3). \square

From the Key Lemma above we deduce the following.

Lemma 4.4. *Let $Q \in \text{Good}$ be contained in some cube from the family $\tilde{\mathcal{D}}_0^{db}$, and $x \in Q$. Then we have*

$$(4.19) \quad \mathcal{R}_{*,r(B_Q)}\omega^p(x) \leq C(A, M, T, \tau, d(p)),$$

where, to shorten notation, we wrote $d(p) = \text{dist}(p, \partial\Omega)$.

4.5. **The end of the proof of Theorem 1.1 (a).** Set

$$G = F_M \cap \bigcup_{Q \in \tilde{\mathcal{D}}_0^{db}} Q \setminus \bigcup_{Q \in \text{Bad}} Q.$$

and recall that, by Lemma 4.2,

$$\omega^p(G) > 0.$$

As shown in (4.3), we have

$$(4.20) \quad \mathcal{M}^n \omega^p(x) \lesssim A \quad \text{for } \omega^p\text{-a.e. } x \in G.$$

On the other hand, from Lemma 4.4 is also clear that

$$(4.21) \quad \mathcal{R}_* \omega^p(x) \leq C(A, M, T, \tau, d(p)) \quad \text{for } \omega^p\text{-a.e. } x \in G.$$

Now we will apply the following result.

Theorem 4.5. *Let σ be a Radon measure with compact support on \mathbb{R}^{n+1} and consider a σ -measurable set G with $\sigma(G) > 0$ such that*

$$G \subset \{x \in \mathbb{R}^{n+1} : \mathcal{M}^n \sigma(x) < \infty \text{ and } \mathcal{R}_* \sigma(x) < \infty\}.$$

Then there exists a Borel subset $G_0 \subset G$ with $\sigma(G_0) > 0$ such that $\sup_{x \in G_0} \mathcal{M}^n \sigma|_{G_0}(x) < \infty$ and $\mathcal{R}_{\sigma|_{G_0}}$ is bounded in $L^2(\sigma|_{G_0})$.

This result follows from the deep non-homogeneous Tb theorem of Nazarov, Treil and Volberg in [NTrV] (see also [Vo]) in combination with the methods in [To1]. For the detailed proof in the case of the Cauchy transform, see [To2, Theorem 8.13]. The same arguments with very minor modifications work for the Riesz transform.

Recall that that $\partial\Omega$ is compact as we are in the case when Ω is bounded. From (4.20), (4.21) and Theorem 4.5 applied to $\sigma = \omega^p$, we infer that there exists a subset $G_0 \subset G$ such that the operator $\mathcal{R}_{\omega^p|_{G_0}}$ is bounded in $L^2(\omega^p|_{G_0})$. By Theorem 1.1 of [NToV2] (or the David-Léger theorem [Lé] for $n = 1$), we deduce that $\omega^p|_{G_0}$ is n -rectifiable.

5. SOME COROLLARIES

Here we list a few corollaries of Theorem 1.1.

From Theorem 1.1 in combination with the results of [Az] we obtain the following characterization of sets of absolute continuity for NTA domains.

Corollary 5.1. *Let $\Omega \subset \mathbb{R}^{n+1}$ be an NTA domain (or in the case $n = 1$, any simply connected domain), $p \in \Omega$, $n \geq 1$, and let $E \subset \partial\Omega$ be such that $\mathcal{H}^n(E) < \infty$ and $\omega^p(E) > 0$. Then $\omega^p|_E \ll \mathcal{H}^n|_E$ if and only if E may be covered by countably many n -dimensional Lipschitz graphs up to a set of ω^p -measure zero.*

The forward direction is just Theorem 1.1 (a). The reverse direction for $n = 1$ follows from either the Local F. and M. Riesz Theorem of Bishop and Jones (see Theorem 1 of [BJ]) and in the $n > 1$ case from the first main result from [Az], which says that, for an NTA domain, whenever a Lipschitz graph Γ (amongst more general objects) has $\omega(\Gamma) > 0$, then $\omega \ll \mathcal{H}^n$ on Γ .

Corollary 5.2. *Let $\Omega \subset \mathbb{R}^{n+1}$ be an NTA domain whose exterior $(\Omega^c)^\circ$ is also NTA, $p \in \Omega$, $n \geq 1$, and let $E \subset \partial\Omega$ be such that $0 < \mathcal{H}^n(E) < \infty$. Then $\mathcal{H}^n|_E \ll \omega^p|_E$ if and only if E may be covered by countably many n -dimensional Lipschitz graphs up to a set of \mathcal{H}^n -measure zero.*

The first direction is Theorem 1.1 (b), while the reverse direction follows from the second main result from [Az], which says that, for NTA domains with NTA complements, $\mathcal{H}^n \ll \omega$ on any Lipschitz graph Γ .

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